



## ASHWITH™

Breakthrough Ashwaganda formulation with increased activity from elevated actives.  
Novel, patent pending ASHWITH™ complex.

### ASHWITH™ BENEFITS

- Helps reduce stress and anxiety
- Helps enhance memory and cognition
- Helps support healthy weight management
- Helps promote muscle strength, size and recovery
- Helps promote sexual function in men and women
- Helps maintain healthy testosterone in men
- Helps enhance cardiorespiratory endurance
- Helps maintain normal thyroid

